



By His MAJESTY's Royal Letters Patent.

ESSENCE of PEPPER-MINT.

PEPPER-MINT, a plant peculiar to our own country, differs remarkably from all the other kinds of Mint, in its quick, penetrating smell, and in its strong warm taste, pungent like pepper, glowing upon the lips, and sinking as it were into the tongue. These qualities give occasion for trial to be made of it as a Medicine; and so well has it been found to answer what its singular smell and taste promised, that though the plant was not known till towards the beginning of the present century, being first mentioned, so far as I can find, by Mr. Ray, in the supplement to his *HISTORY OF PLANTS*, its use has, for some years, been established throughout the kingdom.

General experience has confirmed, beyond dispute, the great virtues of this plant in cholicky pains and flatulencies, as well those which happen suddenly from various causes to persons in health, as in those which are in a manner habitual to the weak and sedentary; in the Reaching Sickness, Loss of Appetite, and other injuries, brought on by the abuse of wines, or spirituous liquors; in hysterical or hypochondriacal Depressions; in the Tremblings, Lowness of Spirits, and various nervous Weaknesses, which Women of tender constitutions are so often afflicted with, and which the plentiful use of tea contributes greatly to support.

These virtues of Pepper-Mint are, in general, acknowledged by Physicians; some of the most attentive and judicious have been wishing for a more elegant and advantageous preparation of this valuable plant, than those hitherto known: all those in common use are accompanied with considerable inconveniencies; the Simple Distilled Water at best is very precarious in strength; the spirituous water is rendered by the spirit detrimental in sundry cases where the simple virtues of the Pepper-Mint would be salutary; the essential Oil, a most potent medicine

dicine, is incommodious in the doing and taking; and all these preparations have some share of a disgustful flavor, joined to the warmth and pungency of the Herb: In this ESSENCE all the respective advantages of those preparations are united, and their inconveniences entirely obviated.

Besides the virtues and use of Pepper-Mint before recited, we can justly say, by means of this preparation, its use is capable of being greatly extended; for in this form, it becomes an excellent addition to the Mineral Waters, to prevent weak stomachs from being chill'd or pall'd by them: Its dose is also hereby easily accommodated to the exigence of the case, so as to answer several important purposes. And here I ought not to omit inserting the singular relief it has given in gouty attacks of the stomach, and other internal parts, which sometimes I have experienced to be almost instantaneous; its action is indeed in all cases sudden. As soon as taken into the stomach, it diffuses a glowing warmth through the whole system; with this advantage above most of the other warm medicines, that it is not likely to exagitate the blood, or immoderately heat the constitution. Tho' it is effectual in those cases where spirituous Cordials procure a temporary relief, its medicinal operation is nevertheless of a very different kind, as appears from its being one of the best Remedies against the Complaints, which the habitual use of the other has produced.

Since the first publication of this Medicine, experience has abundantly confirmed all that has been said of it: Women, in the early state of pregnancy, have testified the singular relief they have had, from only six or eight drops of it two or three times a day, easing them of their sickness, reachings, and cholicky pains: Infants, of three or four days old, from one or two drops; and others from three or four drops, in a little Magnesia, or small boat of victuals, have been almost immediately relieved, when in great agony from wind, and gripings, and threatening convulsions. These complaints in sucking Infants are frequently brought on by the ill quality of the milk of the mother, or nurse; this ill quality is corrected, the Infant's complaints are mitigated, and the mother or nurse no less benefitted, by fifteen or twenty drops, two or three times a day. Its efficacy has likewise been remarkable in appeasing violent disorders occasioned by sudden surprise; ten, fifteen, or twenty drops, instantly recovering the wonted calmness and composure of the spirits; and, in hysterical fits it has been given with amazing success. In these, as well as in some other cases, when no liquid can be got down, it will be proper to mix twenty or thirty drops in a little powder or sugar, which, being conveyed with a tea-spoon to the middle of the tongue, holding up the head, it will soon make its way into the stomach, and immediately relieve the patient. Likewise in weariness or fatigue, from intense application to study, &c. nothing proves so suitable a cordial to recruit and invigorate the drooping spirits; variety of instances might be given of its salutary effects in expelling the Gout from the stomach, in restoring such as have been injured by excesses, &c. in both which cases the dose has been extended to one or two

tea-spoonfuls.——Here the same very extraordinary cases might be related of such as had lost all relish for food for several years, for the recovery of which the most approved medicines, bitter aromatics, with chalybeates and Banhe waters, had long been used in vain; when a tea-spoonful of this Effence alone, in a small wine-glass of water, twice a day, will, in a fortnight or three weeks, perfectly restore the appetite, and with that the health, the natural vivacity and relish for the other wonted enjoyments of life.——

In great extremities from cholicks, without a fever, forty drops have procured perfect ease in the space of a few minutes: also in griping pains attended with a purging, but no fever, when, by long continuance, the patient's strength has been nearly exhausted, twenty, thirty, or forty drops, repeated within ten or fifteen minutes, have produced the comfortable sensation of a glowing warmth, and a revival of the strength and spirits; the same dose then continued three or four times a day, with proper nourishment, contributed greatly to compleat the recovery. It may proper here to add, that if a little attention is paid to the grateful cordial, and stomachic effects of this valuable medicine, it will be found, by its continued use, agreeably to warm the habit, and strengthen the nerves, in those that require such kind of assistance, twenty or thirty drops being taken two, three, or four times a day. What deserves particular notice, is its great efficacy in promoting Digestion by strengthening the stomach and bowels, whereby it relieves and prevents a variety of complaints; it defends weak bowels, and the whole constitution, against injuries from the wet, severe, and inclement weather; hence its great use in travelling, &c. taken in a morning fasting, and repeated occasionally. We have before confidently recommended it in the Sea Sickness: and now, from repeated attestation, can affirm it to be therein a remedy of equal efficacy; in this case, as well as in reachings, and likewise in cholicky pains, attended with a great sensation of coldness in the stomach; it will be most adviseable to take ten, fifteen, or twenty drops on a little sugar; otherwise it may be taken with the sugar in a wine glass full of water, or milk and water, or in the same quantity of any infusion adapted to the disorder, or in the common quantity of mineral water, repeating it three or four times a day; or even three or four times in an hour upon all urgent occasions; and in case of costiveness, a spoonful or two of Daffy's Elixir, or a little Magnesia, or some other convenient laxative, may be advantageously interposed.

This Effence contains the whole medcial virtue of the Pepper-Mint; the merits of which being duly considered, together with the circumstances of its being always of an uniform strength, and so commodious for use, it cannot but appear to be excellently well fitted for Coffee-houses and other places of public resort, as by it gentlemen may be immediately accommodated with the most elegant Pepper-Mint Water of any desirable strength, by giving only from six to ten or more drops, in a glass of pure water, which may be sweet-

ened to the taste with fine sugar, or capillaire. It must likewise be evidently a very desirable one in all families, especially such as are situated at a distance from chief towns; and, indeed, from what has been said, it at once manifests itself to be admirably well accommodated to the service of the army, the navy, and of all those, both at home and abroad, whose particular situations may forbid them the immediate assistance of the skilful Physician, and the necessary variety of medicine. In a word, from reason and experience, we are fully convinced this elegant Essence will be of public utility in proportion as it can be diffused throughout the world.

Prepared and sold at the WHOLESALE WAREHOUSE, London, in bottles, at 3s. and 1s. each; and is appointed to be sold at the Old Warehouse in Macclesfield-street, near Gerrard-street, Soho; at r. Oldham's, Chymist, in the Hay-market; at Mr. Churchill's, Chymist, opposite Somerset-house, in the Strand; at Mr. Wilkie's, Bookseller, St. Paul's Church-yard; at Mr. Biddle's, Chinaman, near Whitechapel-bars; ess. Bailey's, Perfumers, Cockspur-street, Charing-cross; Mr. Taylor, Bookseller, at Berwick upon Tweed; Mr. Peter Sanderlon, Bookseller, at Durham; ess. White and Saint, Booksellers, at Newcastle; Mrs. Mary Trobridge, at Exon; r. Fisher, Rochester; Mrs. Wooley, Bookseller, at Boston; Mr. Wheatley, Shopkeeper, at Rugby; Mr. D. Wright, at Holbeach, Lincolnshire; r. T. Jephcot, Daventry; Mr. S. Shenston, at Stony-Stratford; Mr. T. Collins, at Warwick; Mrs. J. May, Banbury; Mr. Tilson, Grocer, at Lynn, Norfolk, &c.

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At the last mentioned place may be had, prepared by the Author of the above,

ESSENCE of PENNYROYAL,

An elegant Preparation; so powerful, that a few Drops contain more of the Virtue of the Herb than a Pint of the common Pennyroyal and Hysterical Waters; is particularly useful for giving Relief in violent Pains at certain Times; is extremely grateful, and as commodious for carriage as can be wished. Stone Bottles 2s. Phials 1s. each.

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